

In Touch

News from Hospice of Larimer County

Winter 2007

HLC Volunteer Receives Statewide Honor

Hospice of Larimer County (HLC) is proud to announce that Mary Dellenbach was awarded the Colorado Hospice Organization 2006 Volunteer Award at the Annual Awards ceremony last fall in Vail. The awards program accepts nominations from hospice organizations throughout the State of Colorado.

From 1994 through today, Mary has worked continuously in many volunteer roles. She has served as a volunteer for patient care, Chairperson of HLC's Board of Directors, assisted in the previous flower shop, served as a courier, and coordinated special events. She has volunteered at the front reception desk of HLC's offices for over 10 years, answering phones and providing administrative assistance on a weekly basis. Mary has donated over 4,200 hours during her 12 years of service - an outstanding achievement and strong testament of her outstanding dedication to the hospice mission.



Mary Dellenbach

Mary brings a special caring and kind presence to her hospice work. She helped provide care and support for Tom & Christy French's daughter, Abby, who was born with severe developmental disabilities. Tom & Christy commented, "We have never encountered anyone as dedicated and selfless as Mary was in the six years she helped care for Abby. Mary was not only a caregiver, but became a good friend, mentor and sage. Years later, after Abby's death, we are still quoting Mary and she has become a model for serving others." Congratulations to Mary and thank you for your dedication and years of service to HLC.

New Program offers Cooking Classes for Widowed Persons

HLC's Pathways: Programs for Grief and Loss is proud to offer a new program called, *The Next Course*. The program is a series of four cooking classes especially designed for widowed persons. The classes will introduce participants to very basic recipes and techniques in a supportive environment. Classes will be led by professional chefs and include a HLC grief counselor.



The first class is January 31st, titled "Meals Made Easy" and will focus on how to prepare a few simple meals. Future class dates are March 7, April 4 and May 2. Registration fee is \$25 per class. Participants may attend any or all of the classes. For information call 970/663-3500.



305 Carpenter Road
Fort Collins, CO 80525
970/663-3500
www.hlchospice.org

Letters from the "Heart of Hospice"

Hospice by Bob White

We never thought our loved one's needs would come as far as this
The nurses care, their gentle touch and special kiss,
The dread and misery of pain control, the awful waiting game
Hours spent just sitting there, knowing life would never be the same,
Our new-found friends have walked this path, some have found relief
But mostly it's death and sorrow and a tremendous load of grief,
Our loved one died in dignity and Hospice helped us through
The highs and lows just watching what they have to do,
All of them are heroes, from nurse to CNA,
Doctors, chaplains and the director have a role to play,
We can't forget the volunteers whose love is there to see
They spent their time sitting there to allow us a moment free,
Yes, Hospice is so special, God blessed this wondrous task
When my loved needed comfort we didn't have to ask.

In an ongoing effort to tell the
"hospice story",
Hospice Hearts includes
letters, poems and stories of
our patients and families.
These represent a small
number of the thousands of
people Hospice of Larimer
County touches every year.
We honor them by
sharing their stories.
Thank you.

Written in memory of his beloved wife for the wonderful service provided by Hospice Care Center

2007 Special Events - Mark Your Calendar and Join Us

The following are the scheduled events for 2007. Please mark your calendars and save the date for these wonderful events. Formal invitations and more information will be available as we get closer to the event dates. Feel free to call HLC at 970/663-3500 or check online at www.hlchospice.org

Abby Signature Concert Series

Good Friday Concert	April 6
Piano Soiree	June 24
Fall Concert	TBA
Christmas Concert	December 17
Debbie Boose Memorial Tennis Tournament	June 12-17
NAIFA Hospice Golf Benefit	August 23
"A Vintage Affair" Wine Tasting	October 5



HLC Board Member Profile

HLC is pleased to welcome Brownie McGraw to the Board of Directors. Brownie is a long-time, well-known Fort Collins resident who was married to the late Fum McGraw. Brownie taught and worked within the Poudre School District for 25 years, earning the honor of having McGraw Elementary as a namesake. For the past 16 years she has worked in the District Attorney's office as a Juvenile Specialist. Brownie's community involvement is extensive and includes serving on the Board of the Poudre Valley Hospital Foundation, Healthier Communities Coalition, Nurse Family Partnership and the InterAgency Council. When asked why she choose to join the Hospice Board, in addition to all the other groups she is involved with, Brownie shared the story of how when her beloved husband was ill they learned of hospice services from a mysterious nurse. Though they did not use HLC's services at the time, she always wanted to find a way to give back to the "Hospice Angel" who visited them. Welcome Brownie...we are honored to have such a committed volunteer join us.



Brownie McGraw

Special Thanks and Recognition from HLC

Our continued appreciation for Dr. Alan Wolfelt for his long-time support and sharing his expertise with our community at the December presentation of “Helping Yourself Heal When Someone Dies”.

Thank you to Crossroads Church in Loveland and KISS FM (a Clear Channel radio station) for once again sharing the holiday spirit through their generous donations.

Our sincere thanks to Christy French, Will French and Mims Harris for sharing their time and talents at Abby’s Signature Christmas Concert. The concert raised over \$4,300 for Hospice and Respite Care.

Thank you to Front Range Internet and LP Broadband for their service and ongoing support of HLC.

Thank you to the following major sponsors for 2006 special events:

Avalanche Floor Coverings	Lucky Joe’s
Colorado Tennis Association	NAIFA (National Assoc. of Insurance/Financial Advisors)
Coors Brewing Company	Riverbend Trail Executive Suites
The Cupboard	Southco
Dellenbach Motors	Spradley Barr Ford
First Community Bank	Volk Bell Benefits
Griffin Foundation	Whole Foods Market
High Country Pools	Wilbur’s Wines and Spirits

Thank you to the following funders for their generous support of HLC programs in 2006.

Bohemian Foundation	Boettcher Foundation	First National Bank
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Our thanks to ALL our donors, supporters, and sponsors of HLC programs. We truly appreciate every gift and please know that your support helps provide hospice care and support for those in need. Thank You!

Larimer County Flu Pandemic Information

As a local non-profit health care organization, HLC has been involved with county-wide government planning efforts relating to a flu pandemic. While there is no current flu pandemic, agencies and organizations involved with the planning effort are committed to providing education and information to the entire community. Being informed and being prepared are the two most important steps to take now and can assist in any emergency situation. We have enclosed a Pandemic Flu brochure for your information. For more information please call the Larimer County Flu information line at 970/498-PFLU (7358) or online at www.larimerflu.org

Hospice Hearts and Angels

Hospice of Larimer County is pleased to offer four different Hearts and Angels of Hospice as a fund raiser for HLC programs in our community. Created and designed by artist Judy Murphee, these beautiful porcelain ornaments can be used as a remembrance of a loved one or to be given as a gift. All items cost \$20 and may be purchased at HLC’s offices, 305 Carpenter Road, Fort Collins.



Angel #11 / Moon



Angel #12 / Dove



Wisdom Heart



Joy Heart

HLC Upcoming Events - Winter 2007

The Next Course

A series of cooking classes for widowed persons
Hospice of Larimer County teaching kitchen

“Living With Grief: Before and After Death” Teleconference

Hospice Foundation of America
Local panel of experts for discussion
at Hospice of Larimer County

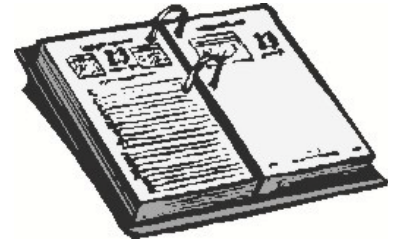
Good Friday Concert

First Presbyterian Church, Fort Collins

January 31, March 7, April 4, May 2

March 22

April 6



For more information please call 970/663-3500 or online at www.hlchospice.org

FYI...

Larimer County Hearing Aid Bank is seeking donations of used hearing aids. They are a local non-profit group that refurbishes hearing aids for those who cannot afford new ones. For more information or to make a donation, contact Kim Miller at 613-6505 weekdays or 221-0743 evenings/weekends. Thank you.

Non-Profit Org.
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Permit #403
Fort Collins, CO

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