

PATHWAYS HOSPICE. YOU'VE KNOWN US AS  
HOSPICE OF LARIMER COUNTY. SAME AGENCY,  
NEW NAME, SAME COMMITMENT TO EXCELLENCE.

“

I am always impressed with  
the work Pathways has done  
with families and schools in  
supporting our students.

”

— School Counselor  
Thompson School District

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A PROGRAM OF

**Pathways Hospice**  
Community Care for Northern Colorado



**Pathways**  
FOR GRIEF & LOSS

## FORGOTTEN MOURNERS

GRIEF SUPPORT AND EDUCATION  
PROGRAMS FOR SCHOOLS



## FORGOTTEN MOURNERS

Children and teens often grieve differently than adults. They may not know the words to express their feelings or they may act out their grief. For this reason their grief is often misinterpreted or overlooked. They become “forgotten mourners.” The support and understanding of caring adults can make a significant difference in helping them learn, grow and heal.

In keeping with our community-oriented approach to grief support, Pathways has developed the Forgotten Mourners program to help schools support young people on their path through grief. Our comprehensive offerings include support groups for students, educational seminars, consultation and situation-driven debriefing and support.

Pathways is here to help your school cultivate the knowledge and resources to fully support your students and staff in coping with grief.

## SUPPORT GROUPS IN SCHOOLS

In-school support groups provide a convenient time and place for children or teens to come together. Participants can share their thoughts and feelings with peers in a safe and supportive environment. Experienced Pathways grief counselors, working together with school counselors, facilitate these support groups. Sessions may incorporate music or art therapy based on group interest.

Pathways also provides training for school counselors and other staff members to assist in the development and implementation of grief support groups in their school.

## EDUCATIONAL SEMINARS

Based on 30 years of experience, Pathways has developed seminars to help teachers, counselors and other school staff members better understand grief and loss as experienced by children and teens.

It is not unusual for bereaved children or teens to “act out” their loss at school. Grief may manifest as changes in academic performance, difficulties getting along with others, sudden mood changes, regressive behaviors or school phobia. It is important for the adults in students’ lives to recognize these changes for what they are—a natural response to a difficult experience—and to have the knowledge and resources to support students in the experience of grief.

## CONSULTATION & TRAINING

Pathways grief counselors are available to consult with school counselors, administrators and/or crisis team members in response to a death (student, family member, staff member or suicide).

We can also assist in developing a grief response plan for your school, to reduce the impact when a death occurs. Having a grief response plan already in place facilitates timely support in an environment prepared to provide for student and staff needs.

## DEBRIEFING & SUPPORT

Providing debriefing and support to school community members following a death can be critical in helping them cope with the loss. This is especially important following the unexpected death of a student or staff member. Our experienced grief counselors can provide debriefing and support to both students and staff, one-on-one or in groups. Often a Pathways grief counselor will co-facilitate support groups with a school counselor.

## ABOUT PATHWAYS FOR GRIEF & LOSS

A path shows us the way when we feel lost. While we each choose our own path in life, and in grief, sometimes we need someone to guide us and walk by our side.

Pathways has provided comprehensive grief support as part of our mission since 1978. A local non-profit, we serve anyone in our community experiencing the death of a loved one or dealing with serious illness. This includes support for family members and caregivers.

Our nationally recognized program offers

- individual grief counseling, for adults, teens and children
- support groups
- memorial services
- educational programs
- library resources
- consulting and debriefing for businesses, organizations and schools

We provide many ways for people to share, heal and grow in times of loss. Please know that you are not alone. We’re here to help.

## INFORMATION & FEES

Please call us at 970.663.3500 for more information about our services or support groups, registration and fees. Our website includes a calendar of grief support programs and resource materials about grief, loss and caregiving.

To keep our services available to anyone in need, we offer sliding-scale fees for individuals and families. We provide services to schools at no cost.